



Tablet application USER GUIDE



SUMMARY

| 1. USE HUBER 360 [®] APP | p 03 |
|---|------|
| 1.a GENERAL MENU | p 04 |
| 1.b THERAPISTS | p 05 |
| 1.b.1 Create a therapist profile | p 06 |
| 1.c PATIENTS | p 07 |
| 1.c.1 Create a patient profile | p 08 |
| 1.c.2 Modify and archive a patient profile | p 09 |
| 1.c.3 Access to general information | p 10 |
| 1.c.4 Questionnaire, medical history, personal data | p 12 |
| 1.d TREATMENT PROGRAMS | p 16 |
| 1.d.1 Create a treatment program | p 17 |
| 1.d.2 Session launch | p 19 |
| 1.d.3 Viewing sessions | p 20 |
| 1.d.4 Modify sessions | p 21 |
| 1.d.5 Viewing treatment programs | p 22 |
| 1.d.6 Viewing progression | p 23 |
| 1.d.7 Free sessions | P 24 |
| 1.d.8 Orphan sessions | P 25 |

| 1.e ASSESSMENTS | p 26 |
|------------------------------------|------|
| 1.e.1 Make a Medical assessment | p 26 |
| 1.e.2 Make a Fitness assessment | р 32 |
| 1.e.3 View assessments | р 33 |
| 1.e.4 Send an assessment | р 37 |
| 1.e.5 Orphan assesssment | p 39 |
| 1.f CUSTOMIZED EXERCISES | p 40 |
| 1.f.1 General Menu | р 41 |
| 1.f.2 Create a customized exercise | p 42 |
| 1.f.3 Recover a modified exercise | p 47 |
| 1.f.4 Export a customized exercise | p 50 |
| 1.f.5 Import a customized exercise | p 51 |
| 2. SEND TREATMENT PROGRAM | p 52 |
| 3. DATA IMPORT | p 57 |
| 3.a Data back-up | p 58 |
| 3.b Data recovery | p 61 |
| 4. DATA EXPORT | p 68 |
| | |







1. USE HUBER 360[®] EVOLUTION APP



1.a GENERAL MENU

SETTINGS : To access different functions (language choice, maintenance, software version...)

« Disclaimer » makes you aware of confidentiality and integrity of data if you decide to export our customer data.

THERAPISTS: To create a therapist profile.

CUSTOMIZED EXERCISE: To create your own exercises.

PATIENT FILE BACK-UP: To access patients who finished their treatment program.







1.b THERAPISTS

1.b.1 CREATE THERAPIST ACCOUNT







1.b.1 CREATE THERAPIST ACCOUNT

Click on NEW THERAPIST. Fill in information. You can add a picture. Then, click on CONFIRM to validate the profile.







1.c PATIENTS

1.c.1 CREATE PATIENT ACCOUNT

Select NEW PATIENT on the home screen.





1.c.1 CREATE PATIENT ACCOUNT

Fill in patient's information.

You can add a picture and choose a therapist (after creating the account). The BMI is calculated automatically after filling in the height and the weight. Click on CREATE THIS PATIENT PROFILE.

| Woman | 🔿 Man | Login* | Password* | • |
|------------------------|-------------------|-------------|--------------------------|-------------------------------|
| Last Name ² | | First Name* | | Diagon fill in a login and a |
| Date of Birt | h | Profession | | password for each of your |
| Address | | City | Zip Code | patients in order to identify |
| Phone | Mobile | Email | | access to their customized |
| Height (in c | m) Weight (in kg) | Lat | erality : 💿 Right 🔿 Left | treatment programs. |
| Therapist : | | | | |
| Doctor | Er | mail | SSN | |





1.c.2 MODIFY AND ARCHIVE A PATIENT PROFILE

- To edit a patient profile, select your patient's name and click on Don't forget to click on **CONFIRM** to save your modifications.
- To archive a patient profile, click on

| HUBER 360° EVOLUTION app | 09:28 | | | | |
|--------------------------|--|-------------|---|---|--|
| HOME | | | | | |
| Q Search patient | | | LPG HUBER 360° EVOLUTION app | 09:29 | |
| Ms. PINELLI Lea | | NEW PATIENT | HOME > CREATE AN ACCOUNT > P | PERSONAL DATA | |
| | X Title: Ms. Last Name: PINELLI First Name: Lea Date of Birth: 12 May 1980 | | Woman () Man Last Name* PINELLI Date of fitth 12 May 1980 (38) Address Phone Mobile Height (n rag) 165 60 Therapist: Doctor | Lagh* LEA First Name* Lea <u>Profes</u> <u>City</u> <u>Email</u> Email | Password* 1234 sion Zip Code Laterality: Right C Left SSN |
| | | | Medical follow-up | CONFIRM | |





1.c PATIENTS

1.c.3 ACCESS GENERAL INFORMATION

On the home screen, select the patient concerned and click on the arrow below.

| LPG HUBER 360° EVOLUTION app | 09:28 🛜 |
|------------------------------|--|
| НОМЕ | |
| Q Search patient | |
| Ms. PINELLI Lea | Image: All of the set |



1.c PATIENTS

1.c.3 ACCESS GENERAL INFORMATION

MY PROGRAMS: Current programs of your patient

MY ASSESSMENTS: Patient's assessments

MY PROFILE: Patient's information \rightarrow quality of life questionnaire, medical history, personal data



1.c PATIENTS

1.c.4 Questionnaire, medical history, personal data

To complete patient's information, click on MY PROFILE.

- **QUESTIONNAIRE:** Quality of life questionnaire.
- MEDICAL HISTORY
- **PERSONAL DATA:** Contact information.



1.c PATIENTS

APP

1.c.4 Questionnaire, medical history, personal data

HUBER 360[®] EVOLUTION

To carry out your patient's quality of life questionnaire, click on 🕒 Select answers and click on OK to save the questionnaire.

14:40

LPG HUBER 360° EVOLUTION app

LPG

| ł | HOME > LEA PINELLI > MY PROFILE > QUESTIONNAIRE | <u> </u> | | | | | |
|---|---|----------|--|------------------|-------------------|--------------------------------|---|
| | | LPG | HUBER 360° EVOLUTIC | DN app | 14:40 | | |
| | | | New questionnaire | | | | |
| | | | You sleep: O Very well | () Well | O Poorly | Very poorly | |
| | | | You are tired when you wake up: Never | O Rarely | Often | Very often | |
| | | | Your work generates pain: | 🔿 A little bit | O Quite | A lot | |
| | No data | | You feel stressed: Not at all | O A little bit | O Quite | A lot | |
| | | | You exercise: | Often | O Rarely | Never | |
| | | | You drink water: O Very often | Often | O Rarely | Never | |
| | | | You smoke per day: O 0 cigarette | 2-5 cigarettes | ◯ 5-10 cigarettes | More than 10 cigarettes | I |
| | 0 | | Your diet is balanced: | O Often | O Rarely | Never | |
| - | | | Do you feel physically limit (in y O Not at all | OUT daily CANCEL | | Pot | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |





1.c.4 Questionnaire, medical history, personal data

To carry out your patient's medical history, click on 🕀 After filling in information, click on SAVE.

LPG

APP

1.c PATIENTS

HUBER 360[®] EVOLUTION











1.d.1 CREATE NEW TREATMENT PROGRAM

Click on MY PROGRAMS section, then click on







1.d.1 CREATE NEW TREATMENT PROGRAM

Select the required menu.







1.d.1 CREATE NEW TREATMENT PROGRAM

Next, select the required theme.







1.d.1 CREATE NEW TREATMENT PROGRAM

After selecting the area, select the level, the number of sessions and click on OK to validate the treatment program creation.







1.d.2 SESSION LAUNCH

Click on START, select the device to associate and click on OK. The session can start!





1.d TREATMENT PROGRAMS

1.d.3 VIEWING SESSIONS

: To modify a session.

 \checkmark

×

- : To confirm a session in case of connection loss with your HUBER 360[®] EVOLUTION.
- : To comment a session (settings used...)
- : To delete a session.
- : To add a session.
- : To modify the treatment program name.





1.d TREATMENT PROGRAMS

1.d.4 MODIFY SESSIONS

You can choose to modify the pre-set exercises, delete them or add new exercises. Then click MODIFY so that your request is taken into account.





1.d TREATMENT PROGRAMS

1.d.5 VIEWING PROGRAMS

SESSIONS

To view the completed HUBER 360[®] EVOLUTION sessions (protocol description, date). This will enable a precise treatment program follow-up.

PROGRESSION

To view your patient's progression



1.d.6 VIEWING PROGRESSION

86

HIIT - Core + Lower body + Upper body

You can view the progression of your patient session by session.

You can import this information in the PDF document when you send an email or save it on your tablet.

🕷 🌹 95% 🛙 14:

AVERAGE STRENGTH LEFT

AVERAGE STRENGTH RIGHT

| n | COORDINATION LEFT | HUBER 360° EVOLUTION con 14-45 REPORT | * * 95% |
|----|-------------------|---|-------------------------------|
| 53 | | MY PROGRAMS Progression GAINAGE + BAS DUC Progression charts HIIT - Core + Lower body + Upper body | MY PROFILE 23 OCTOBER 2018 |
| 18 | | HIIT - Core + Lower bo SNOWBOARD | 16 OCTOBER 2018 |
| ОК | | Dynamic reinforceme abdominis Dynamic reinforceme Resistance - Activity 2 СансеL ок | |







□ 🛜

Performed 10 December 2018

1.d TREATMENT PROGRAMS

1.d.7 FREE SESSIONS

HUBER 360" EVOLUTION app

HOME > LEA PINELLI > MY PROGRAMS

To access your patient's free sessions (sessions not included in a treatment program), click on Next, click on **MY FREE SESSIONS**.

Progression











18:40



1.d TREATMENT PROGRAMS

1.d.8 ORPHANS SESSIONS

To assigne an orphan session * to a patient, go to the settings of the application then click on **ORPHAN SESSIONS** Then click on the following pictogram and select the patient concerned.







1.e ASSESSMENTS

1.e.1 MAKE AN ASSESSMENT

Click on MY ASSESSMENTS section







1.e ASSESSMENTS

1.e.1 MAKE A MEDICAL ASSESSMENT



for Medical Assessment





1.e ASSESSMENTS

1.e.1 MAKE A MEDICAL ASSESSMENT

Select the device to associate and click on OK. The assessment can start! You can choose not to do all tests.

The strenght test is necessary to do the coordination test. You should respect this order.

| HUBER 360° EVOLUT | Please, select a machine Please, select a machine | * * 38% # 14:42 MY PROFILE |
|-------------------|---|-------------------------------|
| | CANCEL OK | |



1.e ASSESSMENTS

1.e.1 MAKE A MEDICAL ASSESSMENT

Stability test

There are 2 steps.

 \circ Step 1 : eyes opened (50 sec)

During this step, a weight measurement is carried out.

Unselect the REPOSITIONING BLOCK PRESENCE button if you remove it during the assessment.

During this step, a heart rate measurement is made.

Step 2: closed (50 sec)

For each step, launch the test using the PLAY button on the tablet.

Unipodal test

There are 2 steps.

 \circ Step 1: stand on the left leg (automatic stop at 30 sec)

 \circ Step 2: stand on the right leg (automatic stop at 30 sec)

For each step, launch the test using the PLAY button on the tablet.



1.e ASSESSMENTS

1.e.1 MAKE A MEDICAL ASSESSMENT

Walking test

There is one step: Take the position as indicated and walk at a steady pace. The expected frequency is around 96 steps in 50 seconds

Stabily limits test

Stability limits test is composed of 8 steps: for each of the 8 angles (0°;45°;90°;135°;180°;225°;270°;315°), the patient has to push the cursor as far as possible in the direction shown. Ask the patient to be placed themselves in the center before starting.

For each step, launch the test using the PLAY button on the tablet.

Mobility restriction test

Mobility restriction test is composed of 8 steps.

- The platform tilts at 8 specific angles (0°;45°;90°;135°;180°;225°;270°;315°)
- $\circ\,$ The patient start to feel pain if there is one
- $\,\circ\,$ Stop the platform with the STOP button each time the patient feels pain.
- \circ If there is no pain at 0 to 10° inclination, press on STOP button to launch the new step



1.e ASSESSMENTS

1.e.1 MAKE A MEDICAL ASSESSMENT

Maximum strength test

Maximum strength test is composed of two steps. $\hfill \circ$ The first step is a PUSH test.

oThe second step is a PULL test.

These test values are used for the coordination test. These two tests must be carried out in this order.

Coordination test

The coordination test is composed of one single step. It consists in validating each level by remaining 3" simultaneously withing the LEFT and RIGHT targets. The test as 30 levels with increasing difficulty. The time spent to reach the last level is saved. The test stops if the current level is not reached in 30".





1.e ASSESSMENTS

1.e.2 MAKE A FITNESS ASSESSMENT

Click on

for Fitness Assessment





1.e ASSESSMENTS

1.e.2 MAKE A FITNESS ASSESSMENT

Select the device to associate and click on OK. The assessment can start! You can choose not to do all tests.

The strenght test is necessary to do the coordination test. You should respect this order.

| HUBER 360 EVOLUT | Please, select a machine Bigging a 549cb4a-b474-4165-ab0a-59dd0d6be2a7 Machine available 192.168.1.26 Lea PINELLI | K \$ 38% i 1442 ☐ © MY PROFILE |
|------------------|--|--------------------------------------|
| | | |
| | CANCEL OK | |





1.e ASSESSMENTS

1.e.3 VIEWING ASSESSMENT

Click on the arrow to view your patient's results for each test.

| | 18 MARCH 2021 14:41 | | | To delete years |
|--|--|--|-----------------------|---|
| | To create an Eycel file | | | patient's assessme |
| | To create and send a PDF simplified to the patie | report nt | To replay tests | └ To link this |
| | | To create and send a report for the pres | a full pdf cribers | assessment to ar existing/other patient |



1.e ASSESSMENTS

1.e.3 VIEWING MEDICAL ASSESSMENT





1.e.4 SEND AN ASSESSEMENT

Click on the icon below. Click on SEND.











1.e ASSESSMENTS

1.e.4 SEND AN ASSESSMENT

You can customize the message which will be sent.

The program (PDF document) is automatically enclosed with your email. Next, click on SEND.

| Х То | ATTACH SEND : |
|--|---------------|
| Subject Ms. PINELLI Lea, Following your session, we are pleased to send you your detailed HUBER® assessment. Sent from Samsung tablet. 1 Item (773 KB/24.7 MB) | |
| YourHuberAssessment.pdf 773 KB | |





1.e ASSESSMENTS

1.e.4 SEND AN ASSESSMENT

You can customize the message which will be sent.

The program (PDF document) is automatically enclosed with your email. Next, click on SEND.

| Х То | ATTACH SEND : |
|--|---------------|
| Subject Ms. PINELLI Lea, Following your session, we are pleased to send you your detailed HUBER® assessment. Sent from Samsung tablet. 1 Item (773 KB/24.7 MB) | |
| YourHuberAssessment.pdf 773 KB | |



1.e ASSESSMENT MANAGEMENT

1.e.5 ORPHAN ASSESSMENTS

To assign to a patient an assessment made in guest mode *, go to the settings of the application then click on **ORPHAN ASSESSMENTS**. Then click on the following pictogram and select the patient concerned



* Assessment done directly on the device, without tablet connectivity.





To create your own exercises, click on \equiv and on CUSTOMIZED EXERCISE.







1.f.1 GENERAL MENU

- : To create a folder.
- : To view folders.
- To download exercises saved on your device.
- E : To modify the name of exercises.
- : To delete an exercise.
- To modify an exercise.
 - : To add an exercise.

| LPG HUBER 360* | EVOLUTION app | 14:51 | |
|----------------|----------------------------|-------|-----------|
| | EXERCISE | | ///// |
| Q | Search customized exercise | | • 12 ± |
| New folder | | | |
| | | | |
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1.f CUSTOMIZED EXERCISES

1.f.2 CREATE A CUSTOMIZED EXERCISE

After clicking on , fill in an name of exercise and associate it with the previously created folder. Click on SAVE. You can start to create your customized exercise.







1.f.2 CREATE A CUSTOMIZED EXERCISE







1.f.2 CREATE A CUSTOMIZED EXERCISE

Target platform







1.f.2 CREATE A CUSTOMIZED EXERCISE

Platform trajectory







1.f.2 CREATE A CUSTOMIZED EXERCISE









1.f.3 RECOVER A MODIFIED EXERCISE

To recover a modified exercise on your device, click on You must first save the protocol via the "floppy disk" button on the screen of your device:

| LPG HUBER 360 | evolution app | 17:26 | ? |
|---------------|----------------------------|-------|-----------|
| | EXERCISE | | ~////// |
| Q | Search customized exercise | | t t 🤳 🧸 🚛 |
| Golf | | | <u></u> |
| Backswing | | | ai 🖍 🚛 🖻 |
| Helena | | | |
| New HIIT | | | |
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1.f.3 RECOVER A MODIFIED EXERCISE

Select a device and choose the exercises you want to recover.









1.f.3 RECOVER A MODIFIED EXERCISE

Select the folder to associate by using

| LPG | HUBER 360 | • EVOLUTION | арр | 17:26 | | | | (|
|-----|------------|------------------|------------|-------|--|-----|-----|-----|
| ≣ | CUSTOMIZED | EXERCISE | | | | | /// | /// |
| | Q | Search customize | d exercise | | | + / | 1 | |
| Ē | Golf | | | | | | | |
| | Backswing | | | | | Abī | | × |
| | Helena | | | | | | | |
| | New HIIT | | | | | | | |
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1.f.4 EXPORT A CUSTOMIZED EXERCISE

To export a customized exercise on your device, click on

| LPG HUBER 360 | • EVOLUTION app 17:26 | |
|---------------|----------------------------|-----------|
| | EXERCISE | |
| Q | Search customized exercise | 🖿 🗈 🤳 🚛 |
| Golf | | |
| Backswing | | abī 🆍 🖏 🕱 |
| Helena | | |
| New HIIT | | |
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1.f.5 IMPORT A CUSTOMIZED EXERCISE

To import a customized exercise on your device, click on



| LPG HUBER 360 | EVOLUTION app | 17:26 | |
|---------------|----------------------------|-------|----------|
| | DEXERCISE | | |
| Q | Search customized exercise | | + 🗖 🤳 🚛 |
| Golf | | | <u></u> |
| → Backswing | | | ai 🖍 🖷 🖬 |
| Helena | | | |
| New HIIT | | | |
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2. SEND TREATMENT PROGRAMS TO YOUR HUBER 360[®] EVOLUTION





2. TREATMENT PROGRAM LAUNCH

After connecting your tablet to your device, your patient types his username and his password. **The username and the password are chosen during the creation of the patient profile.**

| • EVOLUTION | 15:58 | (î |
|-------------|-------------|--|
| | | 😻 00:00 Ō |
| Username | | |
| Password | | |
| | ОК | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | • EVOLUTION | EVOLUTION 15:58 Username |





2. TREATMENT PROGRAM LAUNCH

Your patient clicks on MY PROGRAMS.







2. TREATMENT PROGRAM LAUNCH

Select the requested program.

In case of connection loss, possibility to update manually the sessions on the machine validated on the tablet (💆) by clicking on 🕐

| LPG HUBER 360° EVOLUTION | 16:23 | |
|---------------------------|-------------------------|-----------|
| LEA PINELLI > MY PROGRAMS | | 😻 00:22 Ō |
| | | C |
| | Please select a program | |
| Skating Session : 0/8 | | > |
| Hips Session : 0/8 | | > |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |



2. TREATMENT PROGRAM LAUNCH

The session can start!





3. DATA IMPORT (old tablet to the new one)



3. DATA IMPORT

3.a DATA BACK-UP

1. In the old HUBER 360 $\ensuremath{^{\ensuremath{\$}}}$ application, select SETTINGS.

2. Click on DATABASE and EXPORT.



3. DATA IMPORT

3.a DATA BACK-UP

3. Click on DEVICE STORAGE.

4. Select Huber360.zip.

5. Click on COPY icon.







3. DATA IMPORT

3.a DATA BACK-UP

6. Select SD CARD. 7. Click on PASTE HERE.

You can also copy this folder to your PC, external hard drive...

| My Files | | | | CANCEL | PASTE HERE | : |
|--|--------------|----------------|----------|--------|------------|---|
| Timeline Favourite folders Parag and drop folders here Folders > Device storage > Dovice storage | SD card | LOSTDIR | | | | |
| | | | | | | |
| My Files | | | | 5 | 🖩 🖕 વ | : |
| Timeline | SD card | | | | | |
| Favourite folders | Contra | | | | | |
| Folders ^ > Device storage | Huber360.zip | Android | LOST.DIR | | | |
| > B card | | | | | | |
| SD Caru | | | | | | |
| Categories | | | | | | |
| Categories ^ | | | | | | |
| Categories ^ | | | | | | |
| Categories ^ Images Videos Audio | | I item copied. | | | | |



3. DATA IMPORT

3.b DATA RECOVERY

Before importing, please save your database.

To import your database (old tablet), please insert a micro SD card into the intended location on the tablet.

Then open HUBER 360 APP application.





3. DATA IMPORT

5.b DATA RECOVERY

Once the HUBER 360[®] APP is opened, click on icon \equiv at the top left on the screen.

Next, click on SETTINGS.







3. DATA IMPORT

3.b DATA RECOVERY

Click on DATABASE.

| SETTINGS | |
|----------|----------------------|
| > | |
| > | Language |
| | 9 System information |
| > | Disclaimer |
| | Database |
| | K Maintenance |
| | K Maintenance |



3. DATA IMPORT

3.b DATA RECOVERY

Click on the visual below.

| HUBER 360° EVOLUTION app | 16:29 🛜 |
|--------------------------|--|
| ≣ | IMPORT OLD DATABASE |
| Please s | select a database from the old application |
| PREVIOUS | |



3. DATA IMPORT

3.b DATA RECOVERY

Select the container of your data back-up (SD card or USB key, or other ...)



3. DATA IMPORT

3.b DATA RECOVERY

Select the file corresponding to your backup « **Huber360......zip** » with a long tap. Click on OPEN.



9





3. DATA IMPORT 3.b DATA RECOVERY

The data import is done.







4. DATA EXPORT





4. DATA EXPORT

To access your tablet settings, click on \square then Settings.

The section « **Disclaimer**" raises awareness about the protection and security of customer data that can be questioned if you choose to export this information. If you want to export this data, please select "export of customer data".

| HUBER 360° EVOLUTION app 18:29 | ? | | |
|---|------------------|---|---|
| ■ Language ① System information ■ Disclaimer ● Database ▶ Maintenance | > > > > | Image: Bubber 360° EVOLUTION app 18:29 The application HUBER 360° app has been configured to provide, by default, a high degree of security to ensure confidentiality and integrity of your data. By activating the function "Export of customer data" you weaken the security measures implemented by LPG SYSTEMS and your data may become vulnerable. The vulnerability of your data shall result from your sole and exclusive act, and LPG SYSTEMS will not be liable for any damage to your data, whatever the cause With your full knowledge of the information above, do you confirm the activation of the function "Export of customer data" ? | * |
| | | PREVIOUS | |